

# Partners for Prevention of Erie County (PPEC) Coalition Meeting

## MINUTES

Location: Erie County Health Department

Date/Time: December 8, 2016 @ 9:00am

Recorder: Sandy Biehl

### **Welcome**

Jeanie Wertenbach called meeting to order with welcome, introduction of attendees, review of agenda and the multiple informational handouts available to attendees. Pete Schade, Health Commissioner (Erie County Health Department) also welcomed attendees and explained how we need to approach the next stratosphere of addiction epidemic, how the Health Department and Partners for Prevention Coalition are committed to moving forward with this epidemic, and importance of being a coalition with other opportunities tangible to this project.

Mr. Schade also commented that part of the Health Department's strategic plan would be to turn the current Health Department building(s) into a behavioral/mental health facility, all geared toward recovery and to be managed by community stakeholders.

**Attendees** - See "Sign-In Attendance Sheet" attached with minutes.

### **PPEC Slide Show**

Overview of background, purpose, and main components of Coalition: Drug-Free Communities, Safe Communities (Traffic Safety), and Senior Falls Prevention. All three initiatives funded by grants received by ECHD requiring a community coalition approach to prevention in the topic areas. Each component has its own goals and strategies. A review of some of the main activities/efforts/handouts in each area included:

#### **Discussion:**

- Clarification of group's role as it relates to the three prevention areas – be informed, provide input; and work together.
- Addiction is a disease and communities must work towards helping addictive individuals help themselves.
- Must be re-directed towards recovery. Focus on youth; preventing them from going down the road to drug addiction.

### ***Drug-Free Communities***

- ***Activity Report***

Documents: Logic Model, 12-Month Action Plan, Sustainability, Evaluation

- ***12-Month Action Plan:*** Goals/Objectives/Strategies were reviewed and discussed. (Copy of handout distributed attached with original minutes).

#### **Committee Development:**

- **Logic Model:** Handout included Logic Model for Alcohol: *Problems, Root Causes, Local Conditions and Data* were discussed regarding Logic Model, (Copy of this handout/information attached with original minutes).
- **Youth Coalition Committee:** Recently met to recruit and train youth representatives to serve on youth coalition of the PPEC. Members on this committee include: Teresa Reed-McGlashan, Tory Yarbrow, Amy Roldan, Jeanie Wertenbach, and Devin Pollick  
Training for 29 youth applicants will be December 28<sup>th</sup> at the health department, and December 29<sup>th</sup> at Edison Middle School. Applicants only have to attend one of these trainings.  
Devin Pollick commented that if anyone is interested in being a part of this committee to contact him or Jeanie Wertenbach.
- **Outreach Committee:** Working with Rite Aid Pharmacy re: including a message on phones, option of take back boxes at pharmacies, and paid advertising.  
Devin Pollick commented that if anyone is interested in being a part of this committee to contact him or Jeanie Wertenbach.
- **Action Plan Committee:** Drug-Free Communities 12-Month Action Plan. Devin Pollick reviewed DFC Goals, Objectives and Strategies for 12-month action plan. (Copy of 12-Month Action Plan attached with minutes).
- **Grant Cycle:** Jeanie Wertenbach commented that this is the 3<sup>rd</sup> year of grant cycle (5-year grant). Committee will look at this Action Plan to use when submitting grant; deadline for submission is January 27, 2017 - \$125,000). Subcommittee is very valuable and encouraged anyone to serve on this committee.  
There is an unobligated balance of \$1,834 remaining in DFC funding that we are proposing to carry over to assist with the collection of the 4-Core Measures. The extra funds are from alcohol compliance checks that were completed under budget. Former Project Coordinator, Troy Chaffin will assist with these efforts.
- **Web Link:** Encouraged members to use line from ECHD/ECCHC website for PPEC.
- **Training/Memberships:** CADCA - Coalition/Community Based Organization: (See handout attached with minutes.) Applying for membership on the CADCA. Information also distributed re: DFAA (Drug Free Action Alliance). Devin Pollick discussed benefits of being members on the CADCA and DFAA.
- **Drug Prevention Presentations:** Devin Pollick, Sandusky PD: Lt. Dahlgren, and Det. Brotherton presented to Sandusky City Schools 5<sup>th</sup> grade classes at all elementary schools and Sandusky High School on drug prevention in October. Response from students varied but was very effective at the 5<sup>th</sup> grade level.
- **SCS Parent Summit:** "Hidden in Plain Sight" is a traveling exhibit that could be used at scheduled Parent Summits or other events to help educate and promote awareness among parents and grandparents about items found in a child's room, book bag or car that could indicate involvement in risky behaviors. Jeanie Wertenbach and Devin Pollick are hoping to get our staff trained; anyone interested in training is to contact Jeanie Wertenbach.
- **Marketing/Outreach - Drug Take Back Update:** Information was reviewed and discussed re: Drug Take Back Drop Boxes available in Erie County. Locations and other information: See attached information included with minutes.  
85% of drugs found in boxes are prescription drugs. Possibility of messaging on Buckeye Broadband Express.

Need to “get the word out” re: disposal of drugs (schools). Work with Physical Therapy, physicians and pharmacies re: message about drug disposal (drug take back boxes).

### **Safe Communities Report**

- **MAPP Event:** D. Pollick announced Motorcycle Awareness & Prevention Program (MAPP), a crash scene response event hosted by Fox Cycle Works, was repeated October 20, 2016. Feedback has been outstanding.
- **Outreach:** Important to get information to establishments serving alcohol and other establishments re: alcohol and seatbelt policy (holiday distribution material).
- **Training/Meetings:** A meeting will be held January 11, 2017 re: Networking with other grantees and continued training
- **Presentations:** Presentation to Sandusky Area Safety Council is scheduled for December 12th at Sandusky High School re: seat belt policy and safety with local companies and agencies to raise awareness
- **Fatalities:** Fatalities are “zero” to date for *FY 2017*; OVI cases are increasing (60% of all 2016 cases). Motorcycle serious injuries and fatalities are at 33% of all motorcycle related crashes in Erie County.

### **Injury Prevention Report (Senior Falls Prevention Grant)**

Sarah Hopperton presented the following report:

1. ***“10 Million Steps to Prevent Falls”***
  - O AFC hosted 2<sup>nd</sup> annual falls prevention walk in Sandusky on September 22, 2016. National Fall Prevention Awareness Day – partnership with the state of Ohio/Ohio Department on Aging.
  - The Ohio Dept. of Aging and the STEADY U Initiative asked community organizations and individuals around the State to help take “10 million steps to prevent falls” through September.
  - The results: statewide, 59 different organizations sponsored 55 community events. More than 3,500 Ohioans walked approximately 6,800 miles. An average of 2,500 steps per mile = 17 million steps taken. We exceeded the goal two years in a row.
2. ***Matter of Balance (MOB) – Coach Recruitment Event***
  - MOB is a workshop designed to reduce the fear of failing and increase physical activity among older adults.
  - O AFC is looking to recruit older adults as Matter of Balance coaches.
  - If you know of an active older adult (60 and older), please contact Sarah Hopperton at Erie County Health Dept.
  - Preferably an active older adult who enjoys volunteering and willingness to lead small groups of older adults as well as ability to lead low to moderate level exercise.
  - In January, there will be a coach recruitment event for up to 15 coaches that will include a panel of professionals (podiatrist, physical therapist, physician and pharmacist) to speak about fall prevention.

## **Roundtable Announcements/Discussion/Comments**

- Trey Hardy: NORA (Northern Ohio Recovery Association): Working towards combining mental health and behavioral health prevention. Working on a comprehensive list of resources re: this matter. Hopefully, resources list will be completed in 6 months.
- Pastor Garrett- Citizen's Church – Meetings held on second Tuesday of each month, 11:00 AM at the Cornerstone Missionary Baptist Church, Columbus Avenue, Sandusky, Ohio.
- Pastor Howard – Ebenezer Church, Pierce Street, Sandusky, Ohio, expressed his appreciation to the PPEC for their efforts in this coalition and offered his church for meetings – large meeting room.
- Phil Frost – identified the many roles officers have on a daily basis when working with the public in various scenarios – PPEC meetings are important to understand what resources are available in the community and good to see the sharing and collaboration that is occurring; briefly discussed Narcan and number of overdoses.
- Greg Lockhart – Sandusky City Commission – expressed his concerns that the City and Community as a whole re: the current addiction epidemic; approximately 190 overdoses have occurred in Sandusky. He offered to work with Trey Hardy to provide a managing entity and comprehensive list of resources in available to its residents and his assistance to the PPEC.
- Other Faith-Based representatives – expressed their concerns and offered assistance to the PPEC for their services.
- Tom Roth – School Superintendents/Principals are open to assistance to help the PPEC and agreed to the importance of a coalition to prevent drug addiction. Expressed to coalition to be persistent in attempts to keep schools involved.
- Angie Holmes – OSU Extension /4H – Offered her assistance. Have a large volunteer base. Discussed many of their youth development programs.
- Bayshore Counseling, Buckeye Broadband, Sandusky Artisans, EHOVE, Erie County Senior Center Sandusky City Schools, Erie County JFS, Firelands Counseling and Recovery, Fox Cycle, Erie-Ottawa Mental Health and Recovery Board, and other agencies, all expressed their concerns to come together as a unit and focusing on drug-free communities.

Handouts included: Drug Take Back Boxes, Sandusky Artisans (holiday events), Naloxone/Narcan (Sandusky Artisans – Dawn Project), Whole Health Action Management (WHAM – Sandusky Artisans), Taking Back Ohio (Sandusky Artisans), Sobriety with a Twist/Yoga (Bayshore Counseling), Be Well (Bayshore Counseling), Annual Report for FY16 – Bayshore Counseling Services, NAMI Connection (Bayshore Counseling), Phoenix Group, Nar-Anon Family Groups (Trinity Lutheran Church).

Jeanie Wertenbach encouraged members to send event flyers via email or other means so they can be distributed or to bring to upcoming meetings; and, to RSVP re: meetings.

## **UPCOMING MEETINGS**

Meeting for 2017: 2<sup>nd</sup> Thursday of the month. Location of meetings will be announced.

- March 9, 2017 9:00-11:00 AM
- June 8, 2017 9:00-11:00 AM
- September 14, 2017 9:00-11:00 AM
- December 14, 2017 9:00-11:00 AM